

CHERISH STACK

CONTACT

Location: Seattle, WA

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EDUCATION

Bachelor of Science: Nursing
Expected graduation 08/2024
Seattle University
Seattle, WA

Associate of Science
Graduated 12/2018
Front Range Community College
Westminster, CO

CERTIFICATIONS

Nurse Technician License (NTEC)
Certified June 2023

American Heart Association
Basic Life Support (CPR & AED)
Certified July 2022

MILITARY SERVICE

United States Navy Reserves
Aviation Electrician's Mate (AE)
2013 - 2016 Active Reserve
2017 - 2021 Individual Ready
Reserve (IRR)

PROFESSIONAL EXPERIENCE

Nurse Technician (NTEC), 06/2023 to 12/2023

Swedish Edmonds, Surgical Oncology - Edmonds, WA

- Measure vital signs, including blood pressure, pulse oximetry / SpO₂, heart rate, etc., and report abnormal values & changes from previous values as necessary
- Initiate and maintain administration of oxygen cannula or mask, adjust liter flow per orders, and transfer portable tank as needed
- Perform simple and complex dressing changes / wound care and monitor for signs of infection
- Execute post-op care by encouraging use of Incentive Spirometer, sustained deep breathing, and applying / removing TED hose, etc.
- Perform bowel care as needed (enemas, suppository administration, etc.)
- Care for and manage patient ostomy bags
- Monitor glucose levels using POCT system, administer insulin as necessary
- Insert, remove, clean, and maintain urinary catheter systems (Foley's, PureWick, PrimoFit); collect urinary specimens from urinary catheter for UA per orders
- Regularly monitor and record patient intake and output (I & O) from various sources (Hemovac, JP, NG, ostomy, etc.)
- Start IVs, monitor IV sites, flush IVs, document all IV site findings in EPIC
- Pick up blood products from lab and monitor patient during transfusion
- Monitor patient for skin changes and report to RN; apply medicated topicals as necessary
- Perform oropharyngeal, nasopharyngeal, and deep suctioning as needed
- Regularly administer patient medications per orders / schedule utilizing Pyxis and EPIC MAR
- Perform patient assessments and document findings in EPIC; detail events of shift in end of shift Progress Note

Medical Assistant, 09/2021 to 07/2022

Bellevue Dermatology Clinic - Bellevue, WA

- Regularly room patients, take medical histories, and monitor / record vitals
- Scribe for providers / gather and record patient information
- Assist providers in procedures, including but not limited to: perform local anesthetic injections, prepare / assist with surgical excisions and biopsies, perform wound care and change dressings
- Perform and execute laboratory duties for in-house (e.g., cultures, urinalysis) and outside lab diagnostics (e.g., send out specimens, arrange for biologic therapy monitoring)
- Counsel and educate patients on aftercare for procedures, wound care, prescription instructions and management
- Monitor and send out prescriptions and refills as directed by supervising provider or per clinic protocols

ACCOLADES

Tau Sigma National Honor Society

2023 - Present

Alpha Sigma Nu National Jesuit Honor Society

2023 - Present

Alfie Scholarship

2022 - Present

Seattle University Student Nurses' Association (SUSNA)

2022 - Present

Seattle University President's List

2022 - Present

Seattle University Dean's List

2022 - Present

Seattle University Achievement Scholarship

2022 - Present

FRCC Foundation Scholarship

2020 - 2021

FRCC President's List

2021

POPULATION HEALTH INTERNSHIP

Children's Center - Providence

Regional Medical Center

Pediatric Interim Care

Everett, WA

2023 - Present

SOFTWARE PROFICIENCIES

- EPIC
- ModMed EMA
- AdvancedMD
- Microsoft Office
- Google Workspace
- IDEXX Cornerstone
- IDEXX PACS
- AVImark

- Handle patient correspondence, triage patients as necessary, manage and update electronic medical records, file incoming faxes, etc.
- Review and discuss pathology results with patients and schedule procedures for excisions and biopsies as necessary
- Counsel patients on starting certain medications or therapies (e.g., iPledge / Accutane, Humira, Skyrizi, Stelara, Taltz, Tremfya, light box (UVB) therapy and excimer therapy, etc.)
- Send out documentation and arrange referral services for patients at other clinics and surgical centers (e.g., Mohs specialists, plastic surgery, rheumatology, etc.)
- Prepare and sterilize instruments and surgical packs via autoclave for use in procedures and exam rooms
- Stock and clean exam rooms, fill cryotherapy canisters, prepare back stock of injectables and local anesthetics

Veterinary Technician / Nurse, 09/2017 to 08/2020

Boulder's Natural Animal Hospital - Boulder, CO

- Routinely monitor patient vitals during surgery as well as pre- and post-operatively
- Administer intravenous, intramuscular, and subcutaneous injections on a regular basis (e.g., vaccines, pre-anesthetic drugs, fluid therapy, etc.)
- Regularly perform venipunctures, place IV catheters, perform dental prophylaxis, nail trims, anal gland expressions, microchip implantation, and take digital / dental radiographs
- Collect and prepare specimens to be shipped off for lab work as well as run lab work in-house, such as: blood smears / counts, fecal examinations, urinalysis, PCV
- Prepare and fill prescriptions accurately and in a timely fashion as well as reconstitute and compound specialty prescriptions
- Care for hospitalized animals by cleaning kennels, walking patients, and administering medications
- Regularly assist in surgery by monitoring patient vitals, maintaining sterilization of instruments and equipment, supporting the doctor, and always acting in the best interest of the patient
- Coordinate scheduling ultrasounds and orthopedic surgeries with specialists

CLINICAL PLACEMENT EXPERIENCE

Fred Hutch Cancer Center at EvergreenHealth - Winter 2024

Adult Medical-Surgical Nursing / Ambulatory Oncology

Fairfax Hospital Kirkland - Fall 2023

Behavioral / Mental Health

Swedish Birth Center Edmonds - Spring 2023

Labor, Delivery, Recovery, Postpartum (LDRP) & Neonatal Intensive Care Unit (NICU), Level II

Aegis West Seattle - Winter 2022

Gerontology / Memory Care