Samira Ugas

Education

Seattle University | Bachelor of Science in Diagnostic Ultrasound

Expected June 2024

- Preparing to become a Vascular Technologist competent in the knowledge, skills, and behaviors needed to best serve patients.
- Alfie Scholars- Cohort 7: Comprehensive scholarship program focused on professional development, creating solutions for complex social issues, and creating civility leaders.

South Seattle College | Direct Transfer

June 2022

GPA: 3.9

Took courses such as Calculus, General Chemistry, Anatomy and Physiology, and Biology

CNA Training Program | *Highline College*

September 2020 – December 2021

- Completed theory training on principles of hygiene and grooming, measuring vital signs, communication techniques, medical terminology, basic anatomy and physiology.
- Under the supervision of licensed nurses took vital signs, performed range of motion exercises, created meals following meal plans, and cared for patient personal hygiene in a home care setting.

Work Experience

Patient Testing Assistant (PTA) | University of Washington

June 2021- August 2021

- Performed nasal swabs and instructed on self-swabbing for 200-300 patients daily.
- Operated overall administrative work such as input patient information online, wore and followed PPE protocols during patient interaction and while sending specimens to the lab, and directed flow of traffic through the site to ensure safety.
- Trained multiple PTAs on PPE protocols and hygiene, proper communication with patients, and online patient input.

Chemistry and Writing Tutor | *South Seattle College*

January 2019 – January 2021

- Gave feedback on English assignments such as essays, narratives, personal statements, and lab reports.
- Explained topics in a clear and concise manner, gave advice on every stage of the writing process, and directed students to additional resources on campus.
- Ran lessons with ESL students independently according to a lesson plan from professors.

Extra-Curricular

Volunteer | *Valley Medical Center*

September 2020 – June 2021

Volunteered 120+ hours

- In the Employee Health Department, I stocked flu shots using proper hygiene methods, input immunization records, and stayed up to date with Covid-19 protocol in the hospital.
- In the Infusion Center, I assisted patients with basic needs such as blankets, drinks, and any other accommodations.

Vice President | *National Honor Society*

September 2018 – June 2020 Volunteered 350+ hours

- Lead an initiative to restart my high school NHS by talking with administration, gathering students, and creating new plans such as leadership, a constitution, and meeting procedures.
- Ran meeting and fundraisers each week for up to 70 students.
- Made partnerships with local businesses for volunteering.

September 2017- June 2019

President | Writing Club

- Organized SAT prep courses after school for students with English teachers
- Ran activities each week to encourage fellow classmates to enjoy writing